



FUNCTIONAL GROUP TRAINING SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30 AM JIM		9:30 AM JIM		8:30 AM JIM		9:30 AM JIM
6:00 PM IZAIAH	6:00 PM IZAIAH	6:00 PM REBECCA	6:00 PM JIM			

**SPACE IS
LIMITED!**
SEE THE FRONT
DESK TO RESERVE
YOUR SPOT!

BABYSITTING HOURS

MONDAY - FRIDAY

8:30^{AM}-12:00^{PM} / 4:30^{PM}-8:30^{PM}

SATURDAY / SUNDAY

8:30^{AM}-12:00^{PM}



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No Commitment
In-house Cancellations.