



# FUNCTIONAL GROUP TRAINING SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<b>8:30 AM</b> JIM			<b>8:30 AM</b> MICHELLE	<b>9:30 AM</b> JIM	<b>8:30 AM</b> DANNY
<b>6:00 PM</b> DAP	<b>6:30 PM</b> DAP	<b>6:00 PM</b> JESSE	<b>5:30 PM</b> JESSE			

## BABYSITTING HOURS

### MONDAY - FRIDAY

8:30<sup>AM</sup>-12:00<sup>PM</sup> / 4:30<sup>PM</sup>-8:30<sup>PM</sup>

### SATURDAY / SUNDAY

8:30<sup>AM</sup>-12:00<sup>PM</sup>



No Commitment  
In-house Cancellations.